

Kelowna Buddhist Temple

The New Dharma Express

PO. Box 22092, RPO Capri Centre, Kelowna, B.C. V1Y 9N9 Telephone 250-763-3827
 Web: www.kelownabuddhisttemple.org Email: kelbudt@gmail.com

Special Points of Interest:

- Thur., Nov. 1, TSS Meditation 10am ~ 12:30pm, Chow Mein Prep 6pm ~ 9pm
- Fri., Nov. 2, TSS Meditation 10am ~ 12:30pm, Chow Mein Prep 6pm ~ 9pm
- Sat., Nov. 3, Chow Mein Prep 8am ~ 5pm
- Sun., Nov. 4, Chow Mein Prep 8am, Chow Mein Pick up 1pm ~ 3pm
- Wed., Nov. 7, TSS Meditation 10am ~ 12:30pm
- Thur., Nov. 8, TSS Meditation 10am ~ 12:30pm Executive Meeting 7pm
- Fri., Nov. 9, TSS Meditation 10am ~ 12:30pm
- Sun. Nov. 11, Dharma School 10am, Dharma Shotsuki Service 2pm
- Wed., Nov. 14 TSS Meditation 10am ~ 12:30pm
- Thur., Nov. 15 TSS Meditation 10am ~ 12:30pm
- Fri., Nov. 16 TSS Meditation 10am ~ 12:30pm
- Sat. Nov. 17, Manju Making 8:30am-4pm
- Tue., Nov. 20, Senior's Activity Day 12pm ~ 3pm
- Wed., Nov. 21 TSS Meditation 10am ~ 12:30pm
- Wed., Nov. 21 KBTWA meeting 7pm

November Monthly Memorial

- | | |
|--------|--------------------|
| Master | Fumio Matsuda |
| Mr. | Sanpei Matsuo |
| Mr. | Kazuo Ohta |
| Mrs. | Fusa Ohashi |
| Mr. | Tokujiro Tsuji |
| Mr. | Akira Ibaraki |
| Mr. | Jinnosuke Masumoto |
| Mr. | Komakichi Tamaki |
| Mrs. | Hide Nakayama |
| Mr. | Yoshio Tabata |
| Mr. | Jutaro Ueda |
| Mr. | Yukio Kurahashi |
| Mr. | Roy Tanaka |
| Mrs. | Yuki Horiuchi |
| Mr. | Tahei Tatebe |
| Mr. | George Ueda |
| Mrs. | Mary Hokazono |
| Mr. | Aiji Hokazono |
| Mrs. | Emiko Nishi |
| Mrs. | Joan Kitaura |
| Mr. | Shigeru Tanaka |

- Thur., Nov. 22 TSS Meditation 10am ~ 12:30pm
- Fri., Nov. 23, TSS Meditation 10am-12:30pm
- Sun., Nov. 25, Dharma School 10am, Thanksgiving Service 2pm
- Wed., Nov. 28, TSS Meditation 10am ~ 12:30pm
- Thur., Nov. 29, TSS Meditation 10am ~ 12:30pm
- Fri., Nov. 30, TSS Meditation 10am ~ 12:30pm Udon Making 6pm
- Sat., Dec. 1, Mochi Making 8am

Clean-up Altar Toban

- Rick Suzuki
- Peggy Tanaka
- Janice Richardson
- Carol Koga
- Lorne Terada
- Kathy/Glen Richdale
- Tlim/Sandy Tahara
- Jack/Dar Yamaoka
- Ruby Eikenaar
- Julie Johnson
- Geri Nishi
- Junko Charpentier
- Maureen Hatanaka

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Service Chairpersons:

Genevra Cavanaugh
 Dharma Shotsuki ~ 2pm
 November 11, 2018



Michael Martin
 Thanksgiving ~ 2pm
 November 25, 2018



Kelowna Buddhist Temple

Semi-Annual Chow Mein Sale

November 4, 2018

Vegetarian or Pork Chow Mein **\$9.00** each.

Delicious, Frozen, Ready to Bake **Apple Pies**, **\$9.00** each.
 Splenda or regular (sugar).
WHILE SUPPLIES LAST.

Pre-Order by email: kbtchowmein@gmail.com
 (Ensure that you receive a confirmation email)

Or by phone: **250-860-2980**

DON'T BE DISAPPOINTED, ORDER NOW!

PRE-ORDER DEADLINE: November 1, 2018

(Payment by cash or cheque at time of pick up)

Pick up at Kelowna Buddhist Temple, 1089 Borden Avenue (across from Capri Centre on Gordon Drive) Sunday, November 4, 2018
 Between 1:00 and 3:00 PM

From Sensei

Autumn Reflections

It is October now, and we are enjoying the cooler weather and the beautiful colors of autumn. The trees are changing color, and leaves are quickly falling. Temple programs are now in full swing with weekly Services and fund-raising activities. Within the next few weeks, our Dharma school students will be running around in their Halloween costumes. We parents enjoy helping them prepare their pumpkins, costumes and Halloween decorations

As parents, we nurture our children with care and tenderness through traditional events. However, it takes years for many of our children to understand the feelings of their parents. When children sense their parents' willingness to understand, they are more likely to trust and open their hearts. These early relationships influence our relationships with other people. With compassion and understanding towards others, we soon realize the mistakes of judging, criticizing or condemning others. Feeling for others allows us to see the suffering of others as our suffering, and their joy as our joy. Within our hearts and minds we are able to sense the Oneness of all life.

When we encounter other people, our thoughts and actions should reflect our inner mind of compassion, even if that other person says or does things that are not easy to accept. Our feelings will enable us to see through the anger, fear and separateness in others. This is what Amida Buddha brings to those who understand who we truly are. "Your suffering is my suffering and your happiness is my happiness" said Buddha. His great compassion is untiring, and constantly surrounds us.

Within the sutras there is an interesting story that describes the relationships between parents and children. The story describes a man who lived all alone in an isolated part of the country. He was a hard-working man, who spent his days working from dawn to dusk, tilling his large field with his only cow. From his hard work and diligence, by harvest time his land would produce good quantities of grain, and various kinds of fruit. This man was not only diligent in his work but showed kindness and compassion towards others. He helped people who were having difficulties, and if difficult for them to make a living, he would give generously of his food. Through his hard work and kindness, he became known throughout the neighborhood. People seemed to be drawn to him, and many decided to settle there and raise their families.

Those people who lived there, recognized his values, and showed him much respect. He eventually met and married his wife, and over the years they had many children. They were devoted parents and worked hard in raising their growing family.

Over the years, the family grew older. One day the parents called the family together to talk about plans for the future. The father said to them "I have grown old now. You, my sons and daughters have to take good care of yourselves and live an upright life." He cautioned them not to engage in bad behaviours, but instead should be charitable towards others and cultivate virtue. However, unfortunately, some of his children had their own ideas about how they wanted to run their own lives and felt that their father's views and values were "old fashioned and outdated." They disregarded his advice thinking that they knew better than their father, and challenged him saying "you, are just an old man now, and we don't want to hear all your old-fashioned ideas." No one listened to him or followed his advice. The father felt sadness and disappointment that the many sacrifices that he and his wife had made for his children had been in vain. He wept inwardly over their disrespect and lack of gratitude.

As he looked back over their years of hardship, as he struggled to support his growing family, he questioned how his own children could be so resistant to his opinions and views about life. Other people had seemed to understand. Many had respected him, had accepted his help and advice, yet sadly his own children couldn't be persuaded to see things as he did, or to practice his principles.

I am sure that some of us can identify with this story. When we think about our family relationships, how many of us have had similar experiences? It is often not until we reach full maturity that we gradually come to appreciate the wisdom of our parents. Sometimes time runs out on us, and it becomes too late to re-connect with our parents, to express our thanks to them for their sacrifices, and their wisdom.

I believe that this story can apply to our relationship with Amida Buddha. If we understand ourselves as Amida's children, we would be like the children in the story. We are often unable or unwilling to receive Amida's great compassion. He is the one who can show us the truths of life. In many ways we are like his unworthy, wayward children. How long will we take to recognize and appreciate his all-encompassing wisdom and compassion? We gradually come to recognize that the voice of Namo Amida Butsu, has been calling us from the beginning of time. If we stop to listen to Amida's calling voice, we can be at one with Amida Buddha.

In Gassho,

Rev. Yasuhiro Miyakawa

From the Temple Executive

As we busily undertake fund raising activities now and into the next month, we should take time to pay our respects to those who have helped promote the Dharma through observing JSBTC Day in the month of October. Our Temple will be acknowledging this day at our October 28, 2018 service at 2:00pm. Please see the message from our Bishop and the JSBTC president on pages 6 & 7 of this newsletter.

Thank you to all the volunteers who came out to help at mein making at the end of September. It is truly appreciated as we could not have done this without your help.

Our Special General Meeting was held October 11, 2018. This meeting was held to accept a revised Constitution and By-Laws for the Kelowna Buddhist Society. Both the Constitution and By-Laws were accepted by the members.

Elections for the 2019 Kelowna Buddhist Temple board of directors is coming up. Ballots will be available at the Temple during Chow Mein preparation & sales and at udon & mochi making. Please pick up a ballot form and vote. Ballots will be mailed out to those unable to pick them up at the Temple. Deposit your ballots in the ballot box located in the Temple boardroom by December 31, 2018. The KBT needs to fill a number of seats. Please consider accepting to be on the board if you are asked. The future health of the Temple relies on having an adequate number of board members to carry out activities critical to its existence.

Still yet to come is our apple pie making (October 23rd & 24th), Chow Mein preparation and sales (November 1st to 4th), Udon making (November 30th) and Mochi making (December 1st). If you can spare the time please come out and help with these fund raising projects.

In Gassho,

Maureen Hatanaka



Kelowna Buddhist Temple Women's Association

The Women's Association is in full swing in undertaking this year's projects. Thanks to Shirley and Julie for preparing lunch during mein making.

Manju making was held September 22nd from 8:30 to 11:30am and a number of ladies came out to make the manju. Again, thank you to those who helped out. We will also be making manju on November 17th from 8:30am to 4:00pm. This manju will be sold on December 1st and the proceeds will go to a local Dana Day charity.

Elections for the KBTWA executive committee are happening now. Ballots were given out at mein making time. If you haven't received a ballot let us know. Please be sure to drop off your ballot in the ballot box that is located in the Temple kitchen by November 24th, 2018. If you have been asked to be on the committee, please consider accepting.

For any Women's Association member who is interested in taking the Food Safe Certification course please let Joyce Favell know as we will subsidize the fee associated with taking the course. If you would like more information on the Food Safe course please contact Joyce.

A draft of the Terms of Reference for the Jodo Shinshu Buddhist Temple of Canada Women's Federation, the national women's group, has been sent out to all of the Temple representatives. On November 21st, 2018, the KBT Women's Association will be holding a meeting at the Temple at 7:00pm to discuss the Terms of Reference and to provide feedback on the document. All members of the KBT Women's Association are invited.

In Gassho,

Maureen Hatanaka

Alan and Jack Are Kept Busy



Did you know that the maintenance of the Temple is being taken care of by Alan Yamaoka and Jack Yamaoka with the help of other volunteers?

The day to day maintenance of our Temple has kept Alan and Jack quite busy. This past month they have ensured that the fire panel has been installed, the outside lights and emergency lights have been fixed, filters have been replaced on both furnaces, the irrigation system has been blown out in preparation for winter, the tractor tire is fixed so it is ready for removing snow in the parking lot, lawn has been mowed and it seems that the drain from the roof needs attention. Much like a home, as the Temple gets older the more maintenance is required. Thanks, Alan and Jack for your constant attention to the Temple needs.

The Table Project



As many of the volunteers and members have probably noticed, the tables downstairs have seen better days. They are used countless times for our fund raising projects and for our special occasion meals such as at Hanamatsuri. Jack began this project and with the help of others they were able to refurbish all of the tables. Jack spent many hours sanding down the tables. Thank you Jack and to the people who came out to re-putty and paint the tables, etc!

UDON AND MOCHI ON SALE DECEMBER 1, 2018

Pickup 12 noon – 2 pm



Mochi 400 gr
(1 pkg) @ \$5.00
(6-8 pieces)



Udon 450 gr
(1 pkg) @ \$5.00
(2+ servings)

When ordering please ensure you include your:

Name, phone number & number of packages you would like of each item.

To order please email to kbtchowmein@gmail.com OR phone 250-860-2980

Deadline to order is Wednesday, November 28, 2018

The Kelowna Buddhist Temple Women's Association **MANJU sale**

Four kinds of manju (yaki, mushi, dorayaki and mochi) – frozen

Sold by the Dozen – Mixed or one kind — \$15.00 per Dozen

Place order to kbtchowmein@gmail.com or phone 250-762-2653 (manju only)

Pick-up is Saturday, December 1st (same time as udon and mochi pick-up)

It is first come, first serve. Orders will be taken until November 28th, but no guarantee that manju will be available until that time, so order early

Election for KBT Board Directors is coming

Be sure to pick up your ballots at Chow Mein making time (November 1st to the 4th)

or at Udon making (November 30th) or at Mochi making (December 1st)

November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 Dharma School, 10am Nirvana Day 2pm	29 Taiko Practice 7pm	30	31 TSS Meditation 10am - 12:30pm	1 TSS Meditation 10am ~ 12:30pm Chow Mein Prep 6:00pm ~ 9pm	2 TSS Meditation 10am ~ 12:30pm Chow Mein Prep 6:00pm ~ 9pm	3 Chow Mein Prep 8:00am
4 Chow Mein Prep 8:00am Chow Mein Pick Up 1pm ~ 3pm	5 Taiko Practice 7pm	6	7 TSS Meditation 10am ~ 12:30pm	8 TSS Meditation 10am ~ 12:30pm Executive Meeting 7pm Taiko 7pm	9 TSS Meditation 10am ~ 12:30pm	10
11 Dharma School 10am Dharma Shotsuki Service 2pm	12 Taiko Practice 7pm	13	14 TSS Meditation 10am ~ 12:30pm	15 TSS Meditation 10am ~ 12:30pm Taiko 7pm	16 TSS Meditation 10am ~ 12:30pm	17 Manju Making 8:30am-4pm
18	19 Taiko Practice 7pm	20 Kizuna-kai Senior's Activity Day 12 am ~3:00pm	21 TSS Meditation 10am ~ 12:30pm KBTWA meeting 7:00pm	22 TSS Meditation 10am ~ 12:30pm Taiko 7pm	23 TSS Meditation 10am ~ 12:30pm	24
25 Dharma School 10am Thanksgiving Service 2pm	26 Taiko Practice 7pm	27	28 TSS Meditation 10am ~ 12:30pm	29 TSS Meditation 10am ~ 12:30pm Taiko 7pm	30 TSS Meditation 10am ~ 12:30pm Udon Making 6pm	1 Mochi Making 8am

2018 JSBTC Day Message from the Office of the Bishop



The first recorded assembly of Japanese Buddhists in Canada took place in Vancouver in 1904. Fourteen Buddhists met to request a minister from Nishi Hongwanji (our mother temple), in Kyoto, Japan. Rev. Senju Sasaki was appointed to be a *Kaikyoshi* (overseas minister) to Canada in 1905. With the minister's arrival, the Buddhists formed the Vancouver Nihon Bukkyo-kai (Japanese Buddhist Association), and our history began.

The Jodo Shinshu Buddhist Temples of Canada celebrated its centennial celebration in 2005. Over the course of this more than a hundred years of history, there have been many changes to our lives and within the organization. Technological advancements have made it so we can fly to virtually anywhere in the world in a very short time. Cell phones and the internet have made our communications more instant. Medical advancements have made our ability to sustain our lives longer and longer and have made them considerably healthier also. Within our school as well, the name of the national organization has been changed from the Buddhist Churches of Canada to the Jodo Shinshu Buddhist Temples of Canada. In the future, there will certainly be other changes within our school.

All in all, in spite of the many changes from when we began, there have been no significant changes in the practice of what we do. The chanting and Nembutsu; saying the Name of Amida Buddha (Namo Amida Butsu), have remained essentially unchanged from the time we first began in Canada 113 years ago, and from Shinran Shonin's era 800 years ago. In particular, with regards to chanting, although we have tried to introduce a few new things over time at many of our temples, the form of the chant has remained remarkably consistent. There is a reason for this.

When Shinran Shonin says, "Take refuge in Pure Music", we realize that chanting brings us as close as it gets. Each person becomes "pure sound", his or her own sound, like no other. When each voice is true to itself, it chants out loud; without embarrassment, without self-pride, and without calculation. Then each uniquely individual sound adds layer upon layer to the total sound. This is the sound of "oneness"; a tonal representation of our interconnected reliance on and responsibility to each other.

Rev. Masao Kodani, the retired minister of Senshin Buddhist Temple in Los Angeles, California, once said that; like Bon Odori (Obon Dance), the point is to, "just dance", the trick here is to, "just chant". When we do our traditional chanting over and over, it is the sound that is important, not the meaning of the sounds. In many ways, knowing the meaning behind the sounds is a hindrance to it becoming a "pure sound", because this where our own calculating nature can slip in. Chanting in most Buddhist countries is done in a dead language, or at least, a highly unintelligible one. The sound of Buddhist chanting is remarkably similar, even when the chanting of it is in an unintelligible language. Singing texts in English is more an activity of the objectifying mind rather than a meditative activity of the body.

Before I was assigned to the Vancouver temple, the Japanese service (*Howakai*) on Thursdays included the chanting of Shoshinge in the modern Japanese language form which is called *Shinjin no Uta*. Although I preferred the Shoshinge chanted in *kanbun* (Chinese characters), I dutifully chanted the modern Japanese version for several months. After about a half a year though, the Japanese-speaking members asked me to return to the original chanting style of the Shoshinge as written in Chinese. They said that although the older Chinese style was much more difficult to understand; as chanting, it was much more meaningful to them. It was meaningful because it was allowed to simply exist as "Pure Music".

One studies the sutras in translation or in its original language for intellectual understanding. One chants the sutras for body understanding. One is theory, the other is practice. Just like a bird, both wings need to flap in balance, to fly. Our ego makes us control freaks; we want to understand things from our own point of view, in our own way, in our own time, and in circumstances under our control.

Continued from page 6

Chanting is learning to join the flow, not control it. In that flow there is nothing to do but to “just appreciate”, to “just enjoy”! I wish to see our Jodo Shinshu Temples continue to be a place of joy and appreciation.

Although we each belong to a temple near where we live, it is very important to recognize that each one of us is a member of the Jodo Shinshu Buddhist Temples of Canada. On this occasion of our Jodo Shinshu Buddhist Temples of Canada Day, may we rediscover our joy by listening to the Dharma and walking the path of the Nembutsu together!

Namo Amida Butsu,

Rev. Tatsuya Aoki

Bishop, Jodo Shinshu Buddhist Temple of Canada

JSBTC Day 2018 Message from JSBTC President Larry Wakisaka



On behalf of the JSBTC Board of Directors I would like to extend my personal greetings to all JSBTC Member Temples, their congregants, supporters and friends of the JSBTC. Many parts of our Kyodan across Canada experienced very hot temperatures this past summer so perhaps the Fall season will be more seasonal with somewhat cooler temperatures which hopefully will bring out the full spectrum of autumn colours in their full glory for all to enjoy.

The Autumn season also typically signifies that JSBTC Day is soon upon us. This is a day when we all do our best to pay our respects and to commemorate all those who have preceded us in spreading the Dharma. Each Temple in our Kyodan normally selects a day either in October or in early November to celebrate JSBTC Day.

I would encourage everyone to consider attending their local Temples to honour all those pioneers of our faith so that they will be honoured and remembered for many more years to come for all their significant contributions.

Our JSBTC Board continues to work hard to provide the most benefits possible in support of the local temples, their respective memberships, to support the Office of the Bishop and our hard working Bishop Aoki, with our Ministerial Chair Rev. Grant Ikuta and, of course, all our dedicated Ministers who all work so hard to share the Dharma Teachings with all of us.

Our National Board sees Bishop Aoki, Rev. Grant and all our wonderful ministers working incessantly to walk the path of the Dharma with all of us so it is incumbent upon us to ensure that they receive benefits to allow them to also live gratifying lives. Please consider making a donation on JSBTC Day to help enable us to deliver important health and insurance benefits to all our ministers, to provide educational opportunities for them and to also enable us to assist local Temples in their challenge and quest to continue to share the Dharma to our greater communities.

Our elected National Directors look forward to your attendance and support at the upcoming JSBTC Day at your local temple.

With Gratitude and in Gassho,

Larry Wakisaka

JSBTC President (on behalf of the JSBTC Board)

With Gratitude the Temple and all of its Affiliated Organizations
Acknowledge Your Generous Contribution
Apologies for any Errors or Omissions.

Fujinkai		Tomiye, Reg	\$85.00
Donation omitted from September New Dharma Express With Apologies for the oversight		Sugie, Sam & Irene—In memory of Mother - Y. Sugie	\$25.00
Murata & Itani Families - In Appreciation		Anonymous	\$20.00
	\$500.00	Suzuki, Rick & Tanaka, Peggy	\$50.00
Building Fund		Eitaikyo	
Anonymous—Building Fund	\$50.00	Suzuki, Rick & Tanaka, Peggy	\$50.00
Dharma Shotsuki		Tanaka, Chiyoko— In memory of Shigeru Tanaka	\$100.00
Young, John & Joan—In memory of Tomiye Yokota	\$50.00	Tanaka, Naomi—In memory of Shigeru Tanaka	\$50.00
Russell, Doreen—In memory of Tomiye Yokota	\$50.00	Suzuki, M/M Toshiya	\$50.00
Yamaoka, Tomoye—In memory of Nobuo Yamaoka	\$30.00	Matsuyama, M/M David—In memory of Shigeru Tanaka	\$50.00
Yetman, Pat & Jean-In memory of Tomiye Yokota	\$30.00	Anonymous	\$20.00
Koga, Carol-In memory of Flo Terada	\$25.00	Tanemura, Shirley	\$15.00
Anonymous - In memory of Flo Terada	\$25.00	Tanaka, Herb & Cheryl	\$15.00
Yokota, Ken & Yumi- In memory of Tomiye Yokota	\$50.00	Yamaoka, Tomoye - In memory of Nobuo Yamaoka	\$500.00
Yamaoka, Mitsuko (Shirley)- In memory of Tomi Yokota	\$50.00	General	
Richdale, M/M Glen—In memory of Tomi Yokota	\$30.00	Matsuyama, M/M David—In Appreciation	\$100.00
Yamaoka, Gerry & Vicky—In memory of Tomi Yokota	\$30.00	Mori, Min - Farmers' Market	\$25.00
Matsuyama, M/M David—In memory of Hideo Matsuyama	\$50.00	Mori, Min - Chow Mein	\$25.00
Tanemura, Shirley	\$20.00	Mori, Min - Pie Making	\$25.00
Suzuki, Rick & Tanaka, Peggy—In memory of Koichi Hayashi	\$25.00	Anonymous	\$2.00
Suzuki, Rick & Tanaka, Peggy—In memory of Flo Terada	\$25.00	Memorial	
Suzuki, Rick & Tanaka, Peggy—In memory of Tomi Yokota	\$25.00	Oye, M—In memory of Terumi Murata	\$25.00
Mori, Min - In memory of Mid Mori	\$100.00	Ohiganye	
Mori, Min - In memory of Shigeru Mori	\$25.00	Tanaka, Naomi	\$30.00
Mori, Min - In memory of Nobue Nakano	\$25.00	Tanaka, Chiyoko	\$50.00
Minato, Akiko—n memory of Linda Terai	\$150.00	Yamaoka, Tomoye	\$20.00
Suzuki, Rick & Tanaka, Peggy—In memory of Shigeo Tamaki	\$50.00	Matsuyama, M/M David	\$40.00
Yamaoka, Alan & Barb	\$25.00	Suzuki, Rick & Tanaka, Peggy	\$50.00
Yamaoka, Tomoye	\$25.00	Anonymous	\$15.00
Yamada, Ken & Shoko—In memory of Hideo Yamada	\$30.00	Tanemura, Shirley	\$15.00
Terai, Isao—In memory of Linda Terai	\$200.00	Tanaka, Herb & Cheryl	\$15.00
		Vehicle Replacement Fund	
		Tomiye, Reg	\$115.00

Legislation enacted by the Provincial Government restricts organizations from divulging personal information without the approval of the individuals affected. The donations generously made by Temple members and friends fall under the realm of personal information. Therefore, if you object to your donations being published in the Temple Newsletter, please let us know and we will cease doing so (Mail or Email your wish to be omitted from the published list). In Gassho, Temple Board of Directors